

The 9th Annual Rocky Mountain Retreat Compassion, Resilience and Mindfulness for Conflict Practitioners

“Bringing Compassion into the Room: Tools for Opening Hearts & Minds”

DAY ONE Friday July 10, 2015
Registration begins at 1:30 p.m.

2:00 - 3:30 p.m.	<p style="text-align: center;">Welcome & Opening Circle Nan Waller Burnett, MA and Terri Harrington, JD Christie Coates, JD ~ Music</p>
3:30 - 5:30 p.m.	<p style="text-align: center;">**Keynote Address “Bringing Compassion into the Room: Tools for Opening Hearts and Minds” Part I David Hoffman, Esq.</p>
5:30 - 6:00 p.m.	Relax and Settle in
6:00 – 6:30 p.m.	Dinner is served
6:30-7:15 p.m.	<p>Champagne Celebration Book Signing with David Hoffman, <i>“Bringing Peace into Room”</i>; Erica Ariel Fox, <i>“Winning from Within”</i>; Karolyn Vreeland Blume, <i>“Eat the Elephant : Overcoming Overwhelm”</i>; Nan Waller Burnett, <i>“Calm in the Face of the Storm”</i>; and Christie Coates <i>“Learning from Divorce: How to Stop the Blame and Move on”</i> and</p> <p>7:00 p.m. Louise Phipps Senft in a short poster session featuring her upcoming book: <i>“Being Relational: 7 Ways to Quality Interaction and Lasting Change”</i></p>
7:15 – 8:45 p.m.	<p style="text-align: center;">Welcome Activities Robin Amadei, JD</p>
8:45 - 9:00 p.m.	<p style="text-align: center;">Closing Circle Christie Coates, JD</p>

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**DAY TWO
Saturday July 11th, 2015**

7:00 - 7:45 a.m.	Mindfulness through Yoga with Sally Ortner, JD
8:00 a.m.	Breakfast is Served
9:00 - 9:10 a.m.	Opening & Announcements Nan, Terri & Christie
9:10 - 10:30 a.m.	Bringing Compassion into the Room: Tools for Opening Hearts and Minds” Part II David Hoffman, Esq.
10:30 - 10:45 a.m.	Break
10:45 a.m. - 12:15 p.m.	Bringing Compassion into the Room: Tools for Opening Hearts and Minds” Part III David Hoffman, Esq.
12:15 - 2:30 p.m.	Lunch and Free Time
3:30 - 5:30 p.m.	“Winning from Within” Erica Ariel Fox, JD
5:30 – 6:00 p.m.	Free time
6:00 - 7:00 p.m.	Dinner is served
7:00 - 9:00 p.m.	TALENT NIGHT and Cocktail Party Sharing of music, drama, poetry and the healing arts. EMCEE Greg Whitehair, Esq.

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DAY THREE
Sunday July 12th, 2015

7:00 - 7:45 a.m.	Mindfulness through Yoga with Sally Ortner, JD
8:00 a.m.	Breakfast is served Room checkout by 9 a.m. (Bags can be stored if needed.)
9:00 - 9:10 a.m.	Opening & Announcements Nan, Terri and Christie
9:10 - 11:10 a.m.	“Experiential Mindfulness Training for Conflict Professionals” Rachel Wohl, JD
11:10 – 11:30 a.m.	Break
11:30 a.m. – 12:30 p.m.	Closing Circle and Farewell David, Erica, Rachel, Nan and Terri
12:30 – 1:30 p.m.	Lunch is served. <i>Lunches will be available for those who must leave a little early.</i>